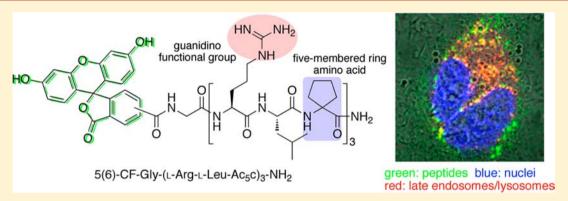


# Cell-Penetrating Helical Peptides Having L-Arginines and Five-Membered Ring $\alpha$ , $\alpha$ -Disubstituted $\alpha$ -Amino Acids

Takuma Kato, Makoto Oba,\* Koyo Nishida, and Masakazu Tanaka

Graduate School of Biomedical Sciences, Nagasaki University, 1-14 Bunkyo-machi, Nagasaki 852-8521, Japan

Supporting Information



ABSTRACT: Cell-penetrating peptides are powerful tools in the delivery of drugs, proteins, and nucleic acids into cells; therefore, focus has recently been placed on their development. In this study, we synthesized seven types of peptides possessing three L-arginines (L-Arg) and six L-leucines (L-Leu) and/or 1-aminocyclopentane-1-carboxylic acids (Ac<sub>5</sub>c), and investigated their secondary structures and cell-penetrating abilities. The peptide composed of an equal number of L-Arg, L-Leu, and Acsc formed  $3_{10}/\alpha$ -helical structures in TFE solution and exhibited the highest cell-penetrating ability of all the peptides examined. Additional cellular uptake studies revealed that the incorporation of Ac<sub>5</sub>c into peptides led to improved tolerability against serum. The results of the present study will help in the design of novel cell-penetrating peptides.

#### ■ INTRODUCTION

Many studies have focused on developing delivery systems for drugs, proteins, nucleic acids, and nanosized materials, the internalization of which is difficult in cultured cells and animal tissues. 1-4 A peptide-based system using a cell-penetrating peptide represents a promising delivery system. Several types of cell-penetrating systems have recently been developed for amphiphilic peptides and arginine (Arg)-rich peptides.<sup>5-11</sup> A cationic guanidino group in the side chain of Arg was shown to play a crucial role in the cell-penetrating abilities of Arg-rich peptides. Therefore, a concerted effort has been made to develop novel cell-penetrating peptides based on Arg-rich peptides including their derivatives, which possess guanidino functional groups. 9-14 Furthermore, the structures of the amino acids and amino acid sequences in these peptides may be responsible for the marked differences reported in their cell permeabilities, and this may be due to the different secondary structures of the peptides. Appropriate positions of guanidino functional groups in the stable helical structures contributed to better cell permeability. Thus, the design of new cell-penetrating peptides is important to control these secondary structures.

 $\alpha$ -Methylated or cyclic  $\alpha$ , $\alpha$ -disubstituted  $\alpha$ -amino acids (dAAs) have been shown to induce the formation of a stable peptide with a helical secondary structure by being incorporated into oligopeptides composed of protein lpha-amino acids. The number of the dAAs introduced into the peptides and the length of the peptide sequence often affect the types of helical structures, either  $\alpha$ -helix or  $3_{10}$ -helix.  $^{21-24}$ Therefore, dAAs have been used as helix inducers to direct functional peptides such as catalysts and inhibitors.<sup>25-30</sup> dAAs are the powerful tools that are used to design peptide foldamers.

In the present study, we designed cell-penetrating helical peptides, which were equipped with the properties of Arg-rich peptides and dAA-containing peptides. The cell-penetrating peptides described herein were nonapeptides possessing three L-Arg and six L-leucines (L-Leu) and/or 1-aminocyclopentane-1-carboxylic acids (Ac<sub>5</sub>c)<sup>31,32</sup> (Figure 1a and b). L-Leu and Ac<sub>5</sub>c had similar structures with the same number of carbon atoms in the side chain. Nonapeptides were known to represent the borderline region between  $\alpha$ -helical and  $3_{10}$ -helical structures. We speculated that the incorporation of the five-membered ring amino acid Ac<sub>5</sub>c into the peptides may stabilize the helical secondary structures, and its number in the peptide sequences may also affect the types of helical structures. Figure 1c showed the  $\alpha$ -helical and  $3_{10}$ -helical structures formed by the

Received: April 24, 2014 Published: September 4, 2014

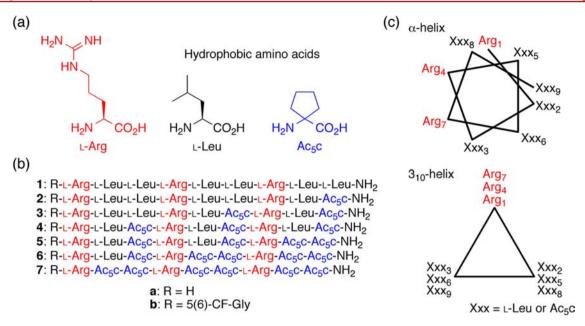


Figure 1. Amino acids, peptides, and helical structures described in the present study. (a) Structures of the amino acids, L-arginine (L-Arg), L-leucine (L-Leu), and 1-aminocyclopentane-1-carboxylic acid (Ac<sub>5</sub>c). (b) Sequences of the peptides composed of L-Arg, L-Leu, and Ac<sub>5</sub>c with or without a fluorescent label. (c) Schematic illustration of the α-helical and  $3_{10}$ -helical structures as viewed along the helical axis.

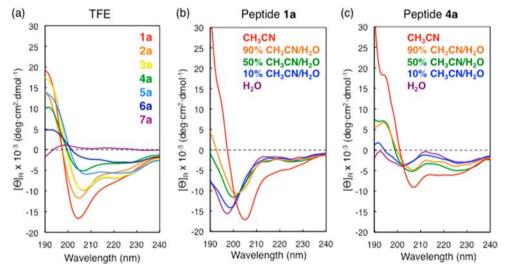


Figure 2. CD spectra of nonapeptides 1a-7a in TFE solution (a). CD spectra of nonapeptides 1a (b) and 4a (c) in 100% CH<sub>3</sub>CN, 90% CH<sub>3</sub>CN/H<sub>2</sub>O, 50% CH<sub>3</sub>CN/H<sub>2</sub>O, 10% CH<sub>3</sub>CN/H<sub>2</sub>O, and H<sub>2</sub>O solution. Peptide concentration: 0.1 mM.

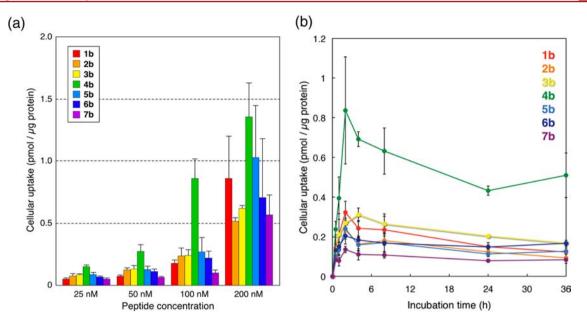
nonapeptides designed in the present study. One  $\alpha$ -helical turn consisted of 3.6 amino acid residues and one  $3_{10}$ -helical turn consisted of 3.0 amino acid residues. Therefore, L-Arg appeared at the half side of the  $\alpha$ -helical structure, while L-Arg was located in the corner of the triangle of the  $3_{10}$ -helical structure (Figure 1c). The nonapeptides formed different secondary structures based on the number of  $Ac_5c$  incorporated. An evaluation of cell-penetrating abilities indicated that peptides with three  $Ac_5c$  and three L-Leu exhibited the highest cell-permeability. These results will be beneficial for the future design and preparation of novel cell-penetrating peptides.

# **■ RESULTS**

**Peptide Synthesis.** All peptides were synthesized using Fmoc solid-phase methods. Briefly, Fmoc-L-Arg(Pbf), Fmoc-L-Leu, Fmoc-Gly, and Fmoc-Ac<sub>5</sub>c were used as amino acids, and

HBTU/HOBt or HATU/HOAt were used as coupling reagents. The coupling of Fmoc-L-Arg(Pbf), Fmoc-L-Leu, and Fmoc-Gly was performed using HBTU/HOBt. On the other hand, hindered Fmoc-Ac<sub>5</sub>c and 5(6)-carboxyfluorescein (5(6)-CF) were introduced into the peptides by HATU/HOAt with double coupling. The peptides synthesized were then purified with reversed-phase HPLC (RP-HPLC). The homogeneity of the purified peptides was verified by analytical RP-HPLC and matrix-assisted laser desorption-ionization time-of-flight mass spectrometry (MALDI-TOF-MS) (Supporting Information). Analytical RP-HPLC of peptides 3b and 6b revealed a shoulder peak next to a major peak, which may have been due to the 5-and 6-isomers of CF (Supporting Information).

Secondary Structures of Peptides. The CD spectra of nonapeptides 1a-7a were measured in 2,2,2-trifluoroethanol (TFE) solution to obtain information on their secondary structures (Figure 2a). Negative maxima at 205-209 nm ( $\pi \rightarrow$ 



**Figure 3.** Cellular uptake of peptides 1b-7b. (a) The peptide concentration-dependency with the 2 h incubation period. Error bars represent the standard deviation, n = 6. (b) The incubation time-dependency with a peptide concentration of 100 nM. Error bars represent the standard deviation, n = 3.

 $\pi^*)$  and 222–225 nm (n  $\to$   $\pi^*)$  were diagnostic of right-handed (P) helical structures. ^33–36 The ratio of R ( $\theta_{\rm n\to\pi^*}/$  $\theta_{\pi \to \pi^*}$ ) has been used as a parameter to distinguish  $\alpha$ -helical from  $3_{10}$ -helical structures (i.e.,  $R \approx 1$ :  $\alpha$ -helix;  $R \leq 0.4$ :  $3_{10}$ helix). The CD spectra, except for those of peptides 6a and 7a, showed negative maxima at 204-208 and 221-226 nm, which indicated the existence of right-handed (P) helices in TFE solution (Figure 2a). <sup>37,38</sup> The intensities of negative maxima decreased with increase in the number of Ac<sub>5</sub>c incorporated, which might be due to the difference of the achiral Ac<sub>5</sub>c and chiral L-Leu residues. Achiral Ac5c could not control helical screw-sense of peptides, leading to a decrease of intensities in CD spectra. The ratio of R  $(\theta_{n\to\pi^*}/\theta_{n\to\pi^*})$  suggested that the dominant secondary structure of peptides 1a (R = 0.52) and 2a(R = 0.52) was a  $3_{10}$ -helix, while that of peptides 3a (R = 0.71)and 4a (R = 0.68) was a mixture of  $3_{10}$ - and  $\alpha$ -helices and that of peptide 5a (R = 0.96) was an  $\alpha$ -helix. The CD spectra of peptides 6a and 7a did not have characteristic maxima for helical structures. Further CD spectra measurements of peptides 1a and 4a were performed in CH<sub>3</sub>CN, 90% CH<sub>3</sub>CN/H<sub>2</sub>O, 50% CH<sub>3</sub>CN/H<sub>2</sub>O, 10% CH<sub>3</sub>CN/H<sub>2</sub>O, and H<sub>2</sub>O solution (Figure 2b and c). In CH<sub>3</sub>CN solution, peptide 1a formed a  $3_{10}$ -helical structure (R = 0.29) and peptide 4a formed  $3_{10}/\alpha$ -helices (R = 0.68). Peptide 1a markedly changed its secondary structure from a 310-helix to a random coil with increase in the ratio of H<sub>2</sub>O (Figure 2b). On the other hand, peptide 4a appeared to form a (P) helical structure, even in 50% CH<sub>3</sub>CN/H<sub>2</sub>O solution (Figure 2c). However, the intensities of negative maxima at 205-209 nm ( $\pi \to \pi^*$ ) and 222–225 nm (n  $\rightarrow \pi^*$ ) were too low to form ideal helices, which implied that the helical secondary structures and/or helical screw-sense of peptide 4a were not completely controlled.

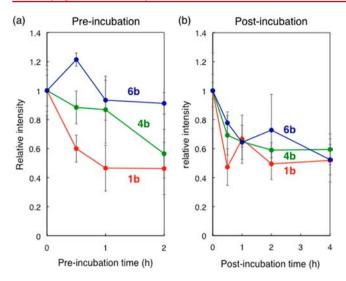
**Cellular Uptake.** The cellular uptake of peptides 1b-7b into HeLa cells was evaluated at different concentrations (Figure 3a) and incubation times (Figure 3b). Figure 3a revealed that the uptake of peptides was slightly enhanced by an increase in the number of  $Ac_5c_7$ , reached a maximum at

peptide 4b, which possessed three  $Ac_5c$ , and then decreased to peptide 7b. The cellular uptake of peptide 4b was significantly higher than that of the others, especially at low concentrations of 25, 50, and 100 nM (P < 0.01). The cellular uptake of peptide 4b was also more efficient than that of the others at all incubation times (Figure 3b). An incubation period of approximately 2 h was optimal for all the peptides examined. The decrease observed in cellular uptake at longer incubation times appeared to be influenced strongly by the lower number of  $Ac_5c$  in peptides. The cellular uptake of peptides 1b and 2b with 24 and 36 h incubation periods was markedly lower than that with the 2 h incubation, while that of peptides 6b and 7b was not.

The cellular uptake of peptides **1b**, **4b**, and **6b** after the preincubation of each peptide with medium containing serum was evaluated in order to determine why the cellular uptake of peptide **4b** was the highest (Figure 4a). Peptides and proteins are easily degraded by proteases in the serum; therefore, the tolerability of peptides to proteases could be investigated in this experiment. The cellular uptake of peptide **1b**, which had no  $Ac_5c$ , was markedly lower than that of peptide **4b** and **6b** following an increase in the preincubation. The cellular uptake of peptide **6b** remained unchanged even after a 2 h preincubation (**6b** vs **1b** and **4b**, P < 0.01). These results indicated that the incorporation of  $Ac_5c$  into peptides enhanced their stability in medium containing serum.

An additional cellular uptake experiment was performed with postincubation after the replacement of peptide-containing medium with fresh medium in order to gain further insights into peptides 1b, 4b, and 6b (Figure 4b). All peptides showed similar results in that 50% of all the peptides examined were eliminated from the HeLa cells after the 4 h postincubation, which implied that all peptides had the same fate after their cellular uptake.

**Confocal Laser Scanning Microscopy (CLSM) Observations.** Drug delivery vehicles sometimes possess different cellular uptake mechanisms and intracellular destinations depending on the structures of vehicles.<sup>39–42</sup> The intracellular



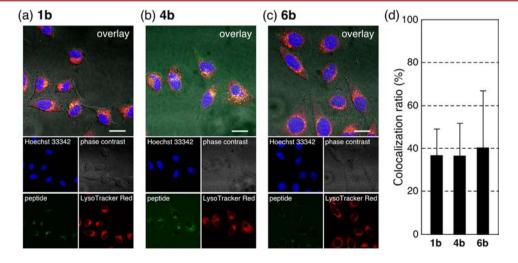
**Figure 4.** Cellular uptake of peptides **1b**, **4b**, and **6b** under the experimental conditions of (a) each preincubation time of peptides in medium containing serum, followed by a 2 h incubation of peptides with cells or (b) a 2 h incubation of peptides with cells, followed by a postincubation of each time after a replacement with fresh medium. Error bars represent the standard deviation, n = 6.

distribution of peptides 1b, 4b, and 6b (green) was investigated using CLSM (Figure 5). LysoTracker Red (red) and Hoechst33342 (blue) were used to label late endosomes/ lysosomes and nuclei, respectively. The intensity of the observed green signals was the highest in HeLa cells treated with peptide 4b (Figure 5a-c), which was consistent with the cellular uptake results shown in Figure 3. The intracellular distribution of all three peptides was mainly observed as yellow spots and also as green spots. Furthermore, internalization of each peptide into the HeLa cells was confirmed by CLSM observations with treatment of trypan blue (Supporting Information Figure S5), which was consistent with the results in Figure 5. Trypan blue was known not to permeate the cell membrane and to quench extracellular fluorescent probes. 43,44 The colocalization of the peptides with late endosomes/ lysosomes was quantified and is shown in Figure 5d. All

peptides showed similar colocalization ratios at approximately 40% and were not significantly different. The distribution of peptides was not observed in the nuclei of HeLa cells treated with all three peptides. These results indicated that the peptides described here appeared to be internalized into HeLa cells via the same mechanism regardless of the number of  $Ac_5c$  or the secondary structures of the peptides.

#### DISCUSSION

In the present study, two distinctive functions, that of Arg-rich peptides and also that of dAA-containing peptides, were integrated into the design of cell-penetrating peptides. The five-membered ring dAA, Ac5c, was used to modulate the secondary structures of peptides. CD spectra revealed that the dominant structures of nonapeptide 1a-7a in TFE solution differed according to the number of Ac<sub>5</sub>c introduced (Figure 2a). Peptide 1a, which had no Ac<sub>5</sub>c, formed a 3<sub>10</sub>-helical structure, while peptide 5a, which had four  $Ac_5c$ , formed an  $\alpha$ helical structure. Increasing the number of Ac<sub>5</sub>c enhanced the  $\alpha$ -helicity of the peptides examined. Nonapeptides **6a** and **7a** in TFE solution showed no characteristic maxima for helical structures. Two explanations have been proposed. The first is that there were more achiral amino acids in nonapeptides 6a and 7a than in the other peptides, leading to an inability to control the helical screw-sense. Equal amounts of right-handed (P) and left-handed (M) helices should show almost no maxima in the CD spectrum. The second is the formation of aggregates. Aggregation was sometimes detected with high concentrations of peptide 7a. The CD spectrum measurement of nonapeptide 7a may not have been conducted correctly. Additional CD spectra measurements of peptides 1a and 4a in CH<sub>3</sub>CN/H<sub>2</sub>O solution revealed the stability of their helical secondary structures against H2O. Peptide 1a could not form helical structures, even in 90% CH<sub>3</sub>CN/H<sub>2</sub>O solution, while peptide 4a partially maintained helical structures, even in 50% CH<sub>3</sub>CN/H<sub>2</sub>O solution. Furthermore, peptide 2a showed similar results of peptide 1a and peptide 3a could not form helical structures in 50% CH<sub>3</sub>CN/H<sub>2</sub>O solution (Supporting Information Figure S3). These results demonstrated that the incorporation of Ac<sub>5</sub>c in peptides stabilized their helical structures, even in aqueous solution.



**Figure 5.** Intracelluar distribution of peptides **1b** (a), **4b** (b), and **6b** (c) (green). Acidic late endosomes/lysosomes and nuclei were stained with LysoTracker Red (red) and Hoechst33342 (blue), respectively. The scale bars represent 20  $\mu$ m. (d) Quantification of the colocalization of peptides with LysoTracker Red. Error bars represent the standard deviation, n = 15.

Cellular uptake experiments indicated that peptide 4b, which had three Ac<sub>5</sub>c, exhibited the highest cell permeability of all the peptides examined (Figure 3). It is worth mentioning that the cellular uptaken amount of peptide 4b was significantly higher than that of HIV-TAT peptide (Supporting Information Figure S4), which was one of the most famous Arg-rich cellpenetrating peptides. 45 The dominant structure of nonapeptide 4a was  $3_{10}/\alpha$ -helices in TFE solution (Figure 2a). The helicity of peptide 4a was partly maintained in 50% H<sub>2</sub>O solution, while that of peptide 1a-3a was not (Figure 2b,c, and Supporting Information Figure S3). As shown in Figure 1c, if the peptides described in the present study formed a 3<sub>10</sub>-helical structure, L-Arg was located in one corner of the triangle. Previous study examining amphiphilic  $\alpha$ -helical cell-penetrating peptides reported that it was important for the function of these peptides to concentrate hydrophobic amino acids and cationic amino acids in one direction. <sup>15,16,46</sup> The 3<sub>10</sub>-helical structure is more appropriate for the peptides designed here than the other structures, including the  $\alpha$ -helical structure, due to the concentration of L-Arg in one region. This appeared to be one reason peptide 4, which formed  $3_{10}/\alpha$ -helices in TFE solution and maintained its helicity even in 50% H<sub>2</sub>O solution, exhibited the highest cell permeability. The preincubation of peptides in medium containing serum affected their cell permeability in a manner that depended on the number of Ac<sub>5</sub>c and preincubation times. These results indicated that peptides with Ac<sub>5</sub>c may have acquired tolerability to the proteases in the serum (Figure 4a). Ac<sub>5</sub>c was a nonproteinogenic amino acid and thus the proteases may have hydrolyzed the peptides containing Ac5c slowly. The incorporation of dAAs into peptides was previously reported to result in protease resistance, more so than in peptides composed of natural  $\alpha$ -amino acids only, 47-50 which is consistent with our results. Cellular uptake experiments with postincubation after the replacement of peptide-containing medium with fresh medium did not significantly affect the peptides 1b, 4b, and 6b (Figure 4b). CLSM observations, in which the colocalization of the peptides examined with late endosomes/lysosomes was evaluated, revealed that all three peptides, 1b, 4b, and 6b, were distributed to similar regions following their cellular uptake (Figure 5). Taken together with these results (Figures 4b and 5), the peptides examined in the present study were internalized into the HeLa cells by the same routes and had the same fate. Peptide 4b was internalized into HeLa cells better than the other peptides, and this was attributed to synergistic effects between the 3<sub>10</sub>-helical secondary structure and tolerability to proteases. However, the formation of a complete right-handed (P) 3<sub>10</sub>-helical structure was not achieved in the present study. The introduction of achiral Ac<sub>5</sub>c into the peptides led to change in the preferred secondary structures from  $3_{10}$ -helix to  $\alpha$ -helix and decrease in the right-handed helicity. Further mechanistic investigations of 310-helical cell-penetrating peptides are warranted to develop more effective cell-penetrating peptides using strictly controlled 3<sub>10</sub>-helical peptides.

## CONCLUSIONS

We designed and synthesized seven types of nonapeptides possessing three L-Arg and six L-Leu and/or  $Ac_5c$  for the cell-penetrating peptides. The number of  $Ac_5c$  introduced had an effect on the secondary structures of the peptides. Peptide 4, which had three  $Ac_5c$ , preferred  $3_{10}/\alpha$ -helices and showed the strongest cell-penetrating ability. These results are the

successful demonstrations of cell-penetrating peptides equipped with two distinctive functions of Arg-rich peptides and dAA-containing peptides.

## **■ EXPERIMENTAL PROCEDURES**

General. All commercial materials were used without further purification. Fmoc-L-Leu and piperidine were purchased from Tokyo Chemical Industry Co., Ltd. (Tokyo, Japan). Fmoc-Ac<sub>2</sub>c was obtained from Watanabe Chemical Industries Co., Ltd. (Hiroshima, Japan). Fmoc-L-Arg(Pbf), Fmoc-Gly, and CLEAR-Amide resin were purchased from the Peptide Institute., Inc. (Osaka, Japan). HBTU, HOBt, HATU, and HOAt were the products of AAPPTec (Louisville, KY). Triisopropylsilane (TIS), 5(6)-CF, acetonitrile, and Dulbecco's modified Eagle's medium (DMEM) were obtained from Sigma-Aldrich Co. (St. Louis, MO). N,N-Dimethylformamide (DMF), Cell lysis buffer M, and TFE were purchased from Wako Pure Chem. Co., Inc. (Osaka, Japan). Diethyl ether was the product from Kanto Chemical Co., Inc. (Tokyo, Japan). Trifluoroacetic acid (TFA) was obtained from Nacalai Tesque, Co., Inc. (Kyoto, Japan). Hoechst33342 was purchased from Dojindo Laboratories (Kumamoto, Japan). LysoTracker Red was obtained from Molecular Probes (Eugene, OR). The micro bicinchoninic acid (BCA) protein assay reagent kit was from Thermo Fisher Scientific, Inc. (Rockford, IL).

Synthesis and Characterization of Peptides. The peptides were synthesized on solid support by Fmoc solidphase methods using standard commercially available Rink amide resin and Fmoc-amino acids. The following describes a representative coupling and deprotection cycle at 76–100  $\mu$ mol scales. First, 200-263 mg of CLEAR-Amide resin (loading: 0.38 mmol/g) was soaked overnight in DMF. After DMF had been removed, 20% piperidine in DMF was added to the resin for deprotection. After removing and washing out piperidine, Fmoc-amino acid (3 equiv) and HBTU/HOBt or HATU/ HOAt (3 equiv) dissolved in DMF (1.4 mL) were added for the coupling reaction (coupling reagents: HBTU/HOBt for Fmoc-L-Leu, Fmoc-L-Arg(Pbf), and Fmoc-Gly; HATU/HOAt for Fmoc-Ac5c and 5(6)-CF with double coupling). The resin was then suspended in cleavage cocktail (TFA: 1.9 mL; H<sub>2</sub>O: 50  $\mu$ L; TIS: 50  $\mu$ L). The TFA solution was evaporated to a small volume and added to cold diethyl ether to precipitate the peptides. The dried crude peptides were dissolved in acetonitrile and/or H<sub>2</sub>O, and then purified by RP-HPLC using a COSMOSIL Packed Column  $5C_{18}$ -AR-II (20 ID  $\times$  250 mm) (Nacalai). Freeze-drying afforded colorless or yellow crystals, which were characterized by analytical RP-HPLC (COSMOSIL Packed Column  $5C_{18}$ -AR-II, 4.6 ID × 250 mm) and MALDI-TOF-MS (Bruker Daltonics Ultraflex, Fremont, CA). RP-HPLC was performed utilizing JASCO-PU-2089 Plus (JASCO, Tokyo, Japan) with a JASCO-2075-Plus as a detector, with being both controlled by JASCO BORWIN software. Solvent A: 0.05% TFA in H<sub>2</sub>O; solvent B: 0.05% TFA in acetonitrile. The purification procedure required gradient conditions (from 95% to 50% solvent A over 20 min) with a flow rate of 10 mL/min and detection at 220 nm. The purity of the final compounds was further confirmed using similar RP-HPLC conditions (from 95% to 35% solvent A over 20 min, then from 35% to 10% solvent A over 5 min); however, the flow rate was changed for 1 mL/min.

CD Spectrum Measurement. CD spectra were recorded with a JASCO J-725N spectropolarimeter (JASCO) using a 1.0 mm path length cell. Data are expressed in terms of  $[\Theta]_{R^{\prime}}$  in

other words, residue molar ellipticity (deg·cm $^2$ ·dmol $^{-1}$ ). TFE, CH<sub>3</sub>CN, and H<sub>2</sub>O were used as solvents.

Cellular Uptake. HeLa cells were seeded onto 96-well culture plates (10000 cells/well) and incubated in 100  $\mu$ L of DMEM containing 10% fetal bovine serum (FBS). The medium was then replaced with fresh medium containing 10% FBS, and a peptide solution was added to each well at an appropriate concentration (Figure 3) and at 100 nM (Figure 4b). In the case of Figure 4a, the medium was replaced with preincubated medium (containing 10% FBS), which had been incubated with 100 nM of each peptide at 37 °C for 0.5, 1, or 2 h. After each time of incubation (Figure 3) and a 2 h incubation (Figure 4a), the medium was removed, and the cells were washed 3 times with ice-cold PBS supplemented with heparin (20 units/mL) and then treated with Cell lysis buffer M. In the case of Figure 4a, after a 2 h incubation, the peptide-containing medium was replaced with fresh medium. After each postincubation time, the medium was removed, and the cells were washed 3 times with ice-cold PBS supplemented with heparin (20 units/mL) and then treated with cell lysis buffer M. The fluorescence intensity of each lysate was measured using a spectrofluorometer (ND-3300, NanoDrop, Wilmington, DE). The amount of protein in each well was concomitantly determined using the BCA protein assay reagent kit. The results are presented as the mean and standard deviation obtained from 6 samples (Figures 3a and 4) or 3 samples (Figure 3b).

CLSM Observations. HeLa cells were seeded onto 8-well chambered cover glasses (Iwaki, Tokyo, Japan) (20000 cells/ well) and incubated overnight in 200 μL of DMEM containing 10% FBS. The medium was then replaced with fresh medium containing 10% FBS, and a peptide solution was applied to each well at a concentration of 1 µM. After a 2 h incubation, the medium was removed, and the cells were washed 3 times with ice-cold PBS supplemented with heparin (20 units/mL). The intracellular distribution was observed by CLSM after staining late endosomes/lysosomes with LysoTracker Red and nuclei with Hoechst33342. CLSM observations were performed using LSM 710 (Carl Zeiss, Oberlochen, Germany) with a Plan-Apochromat 63×/1.4 objective (Carl Zeiss) at an excitation wavelength 405 nm (UV laser) for Hoechst33342, 488 nm (Ar laser) for peptides, and 543 nm (He-Ne laser) for LysoTracker Red. The rate of the colocalization of peptides with LysoTracker Red was quantified.<sup>51</sup> The colocalization ratio was quantified as follows:

Colocalization ratio(%)

= peptide pixels 
$$_{\rm colocalization}$$
 / peptide pixels  $_{\rm total}$  × 100

where peptide pixels<sub>colocalization</sub> represents the number of peptide pixels colocalizing with LysoTracker Red in the cell, and peptide pixels<sub>total</sub> represents the number of all the pixels in the cell. The results are represented as the mean and standard deviation obtained from 15 cells.

**Statistical Analysis.** Significance was assessed by a 2-tailed Student's *t*-test. *P* values of less than 0.05 were considered significant.

# ASSOCIATED CONTENT

# S Supporting Information

MALDI-TOF-MS data and copies of analytical RP-HPLC of peptides 1a-7a and 1b-7b, and additional data. This material is available free of charge via the Internet at http://pubs.acs.org.

#### AUTHOR INFORMATION

# **Corresponding Author**

\*E-mail: moba@nagasaki-u.ac.jp; Tel (+81)95-819-2424; Fax: (+81)95-819-2424.

#### Notes

The authors declare no competing financial interest.

#### ACKNOWLEDGMENTS

This work was financially supported in part by JSPS KAKENHI Grant Number 25713008 and by a Grant from the Takeda Science Foundation.

## ABBREVIATIONS

Ac<sub>5</sub>c, 1-aminocyclopentane-1-carboxylic acid; BCA, bicinchoninic acid; CD, circular dichroism; CF, carboxyfluorescein; CLSM, confocal laser scanning microscope; dAA, α,α-disubstituted α-amino acid; DMEM, Dulbecco's modified Eagle's medium; DMF, N,N-dimethylformamide; FBS, fetal bovine serum; Fmoc, 9-fluorenylmethoxycarbonyl; HATU, O-(7-azabenzotriazol-1-yl)-1,1,3,3-tetramethyluronium hexafluorophosphate; HBTU, O-benzotriazol-1-yl-N,N,N',N'-tetramethyluronium hexafluoro-phosphate; HOAt, 1-hydroxy-7-azabenzotriazole; HOBt, 1-hydroxybenzotriazole; MALDI-TOF-MS, matrix-assisted laser desorption-ionization time-of-flight mass spectrometry; Pbf, 2,2,4,6,7-pentamethyldihyrdobenzofuran-5-sulfonyl; RP, reversed-phase; TFA, trifluoroacetic acid; TFE, 2,2,2-trifluoroethanol; TIS, triisopropylsilane

#### REFERENCES

- (1) Wagner, E., Curiel, D., and Cotton, M. (1994) Delivery of drugs, proteins and genes into cells using transferrin as a ligand for receptor-mediated endocytosis. *Adv. Drug Delivery Rev.* 14, 113–135.
- (2) Uekama, K., Hirayama, F., and Irie, T. (1998) Cyclodextrin drug carrier systems. *Chem. Rev.* 98, 2045–2076.
- (3) Mintzer, M. A., and Simanek, E. E. (2009) Nonviral vectors for gene delivery. *Chem. Rev.* 109, 259-302.
- (4) Oba, M. (2013) Study on development of polymeric micellar gene carrier and evaluation of its functionality. *Biol. Pharm. Bull.* 36, 1045–1051.
- (5) Nakase, I., Takeuchi, T., Tanaka, G., and Futaki, S. (2008) Methodological and cellular aspects that govern the internalization mechanisms of arginine-rich cell-penetrating peptides. *Adv. Drug Delivery Rev.* 60, 598–607.
- (6) Schmidt, N., Mishra, A., Lai, G. H., and Wong, G. C. L. (2010) Arginine-rich cell-penetrating peptides. FEBS Lett. 584, 1806–1813.
- (7) EI-Sayed, A., Futaki, S., and Harashima, H. (2009) Delivery of macromolecules using arginine-rich cell-penetrating peptides: ways to overcome endosomal entrapment. *AAPS J. 11*, 13–22.
- (8) Copolovici, D. M., Langel, K., Eriste, E., and Langel, U. (2014) Cell-penetrating peptides: design, synthesis, and applications. *ACS Nano* 8, 1972–1994.
- (9) Umezawa, N., Gelman, M. A., Haigis, M. C., Raines, R. T., and Gellman, S. H. (2001) Translocation of a  $\beta$ -peptide across cell membranes. *J. Am. Chem. Soc.* 124, 368–369.
- (10) Potocky, T. B., Menon, A. K., and Gellman, S. H. (2003) Cytoplasmic and nuclear delivery of a TAT-derived peptide and  $\beta$ -peptide after endocytic uptake into HeLa cells. *J. Biol. Chem.* 278, 50188–50194.
- (11) Nakase, I., Akita, H., Kogure, K., Graslund, A., Langel, U., Harashima, H., and Futaki, S. (2012) Efficient intracellular delivery of nucleic acid pharmaceuticals using cell-penetrating peptides. *Acc. Chem. Res.* 45, 1132–1139.
- (12) Liu, C., Liu, X., Rocchi, P., Qu, F., Iovanna, J. L., and Peng, L. (2014) Arginine-terminated generation 4 PAMAM dendrimer as an

effective nanovector for functional siRNA delivery in vitro and in vivo. *Bioconjugate Chem.* 25, 521–532.

- (13) Maiti, K. K., Lee, W. S., Takeuchi, T., Watkins, C., Fretz, M., Kim, D.-C., Futaki, S., Jones, A., Kim, K.-T., and Chung, S.-K. (2007) Guanidine-containing molecular transporters: sorbitol-based transporters show high intracellular selectivity toward mitochondria. *Angew. Chem., Int. Ed.* 46, 5880–5884.
- (14) Fillon, Y. A., Anderson, J. P., and Chmielewski, J. (2005) Cell penetrating agents based on a polyproline helix scaffold. *J. Am. Chem. Soc.* 127, 11798–11803.
- (15) Potocky, T. B., Menon, A. K., and Gellman, S. H. (2005) Effects of conformational stability and geometry of guanidinium display on cell entry by  $\beta$ -peptides. *J. Am. Chem. Soc.* 127, 3686–3687.
- (16) Yamashita, H., Demizu, Y., Shoda, T., Sato, Y., Oba, M., Tanaka, M., and Kurihara, M. (2014) Amphipathic short helix-stabilized peptides with cell-membrane penetrating ability. *Bioorg. Med. Chem.* 22, 2403–2408.
- (17) Tanaka, M. (2007) Design and synthesis of chiral  $\alpha$ , $\alpha$ -disubstituted amino acids and conformational study of their oligopeptides. *Chem. Pharm. Bull.* 55, 349–358.
- (18) Venkatraman, J., Shankaramma, S. C., and Balaram, P. (2001) Design of folded peptides. *Chem. Rev.* 101, 3131–3152.
- (19) Karle, I. L. (2001) Controls exerted by the Aib residue: helix formation and helix reversal. *Biopolymers (Peptide Science)* 60, 351–365.
- (20) Karle, I. L. (1999) Aspects of peptide folding and aggregation. *Acc. Chem. Res.* 32, 693–701.
- (21) Toniolo, C., Crisma, M., Formaggio, F., and Peggion, C. (2001) Control of peptide conformation by the Thorpe-ingold effect ( $C\alpha$ -tetrasubstitution). *Biopolymers (Peptide Science)* 60, 396–419.
- (22) Karle, I. L., and Balaram, P. (1990) Structural characteristics of  $\alpha$ -helical peptide molecules containing Aib residues. *Biochemistry* 29, 6747–6756.
- (23) Demizu, Y., Doi, M., Kurihara, M., Okuda, H., Nagano, M., Suemune, H., and Tanaka, M. (2011) Conformational studies on peptides containing  $\alpha$ , $\alpha$ -disubstituted  $\alpha$ -amino acids: chiral cyclic  $\alpha$ , $\alpha$ -disubstituted  $\alpha$ -amino acid as an  $\alpha$ -helical inducer. *Org. Biomol. Chem.* 9, 3303–3312.
- (24) Haynes, S. R., Hagius, S. D., Juban, M. M., Elzer, P. H., and Hammer, R. P. (2005) Improved solid-phase synthesis  $\alpha$ , $\alpha$ -dialkylated amino acid-rich peptides with antimicrobial activity. *J. Pept. Sci.* 66, 333–347.
- (25) Licini, G., Bonchio, M., Broxterman, Q. B., Kaptein, B., Moretto, A., Toniolo, C., and Scrimin, P. (2006)  $C^{\alpha}$ -Tetrasubstituted amino acid based peptides in asymmetric catalysis. *Biopolymers (Peptide Science)* 84, 97–104.
- (26) Sissi, C., Rossi, P., Felluga, F., Formaggio, F., Palumbo, M., Tecilla, P., Toniolo, C., and Scrimin, P. (2001) Dinuclear Zn<sup>2+</sup> complexes of synthetic heptapeptides as artificial nucleases. *J. Am. Chem. Soc.* 123, 3169–3170.
- (27) Nagano, M., Doi, M., Kurihara, M., Suemune, H., and Tanaka, M. (2010) Stabilized  $\alpha$ -helix-catalyzed enantioselective epoxidation of  $\alpha$ , $\beta$ -unsaturated ketones. *Org. Lett.* 12, 3564–3566.
- (28) Yokum, T. S., Elzer, P. H., and McLaughlin, M. L. (1996) Antimicrobial  $\alpha$ , $\alpha$ -dialkylated amino acid rich peptides with *in-vivo* activity against an intracellular pathogen. *J. Med. Chem.* 39, 3603–3605.
- (29) Moellering, R. E., Cornejo, M., Davis, T. N., Bianco, C. D., Aster, J. C., Blacklow, S. C., Kung, A. L., Gilliland, D. G., Verdine, G. L., and Bradner, J. E. (2009) Direct inhibition of the NOTCH transcription factor complex. *Nature* 462, 182–190.
- (30) Schafmeister, C. E., Po, J., and Verdine, G. L. (2000) An all-hydrocarbon cross-linking system for enhancing the helicity and metabolic stability of peptides. *J. Am. Chem. Soc.* 122, 5891–5892.
- (31) Bardi, R., Piazzesi, A. M., Toniolo, C., Sukumar, M., and Balaram, P. (1986) Stereochemistry of peptides containing 1-aminocyclopentanecarboxylic acid (Acc<sup>5</sup>): Solution and solid-state conformations of Boc-Acc<sup>5</sup>-Acc<sup>5</sup>-NHMe. *Biopolymers* 25, 1635–1644.

- (32) Santini, A., Barone, V., Bavoso, A., Benedetti, E., Di Blasio, B., Fraternali, F., Lelj, F., Pavone, V., Pedone, C., Crisma, M., Bonora, G. M., and Toniolo, C. (1988) Structural versatility of peptides from  $C^{\alpha,\alpha}$ -dialkylated glycines: a conformation energy calculation and X-ray diffraction study of homopeptides from 1-aminocyclopentane-1-carboxylic acid. *Int. J. Biol. Macromol.* 10, 292–299.
- (33) Yokum, T. S., Gauthier, T. J., Hammer, R. P., and McLaughlin, M. L. (1997) Solvent effects on the  $3_{10}$ - $/\alpha$ -helix equilibrium in short amphipathic peptides rich in  $\alpha$ , $\alpha$ -disubstituted amino acids. *J. Am. Chem. Soc.* 119, 1167–1168.
- (34) Chang, C. T., Wu, C.-S. C., and Yang, J. T. (1978) Circular dichroic analysis of protein conformation: inclusion of the  $\beta$ -turns. *Anal. Biochem.* 91, 13–31.
- (35) Brahms, S., and Brahms, J. (1980) Determination of protein secondary structure in solution by vacuum ultraviolet circular dichroism. *J. Mol. Biol.* 138, 149–178.
- (36) Manning, M. C., and Woody, R. W. (1991) Theoretical CD studies of polypeptide helices: Examination of important electronic and geometric factors. *Biopolymers* 31, 569–586.
- (37) Toniolo, C., Polese, A., Formaggio, F., Crisma, M., and Kamphuis, J. (1996) Circular dichroism spectrum of a peptide 3<sub>10</sub>-helix. *J. Am. Chem. Soc.* 118, 2744–2745.
- (38) Pengo, P., Pasquato, L., Moro, S., Brigo, A., Fogolari, F., Broxterman, Q. B., Kaptein, B., and Scrimin, P. (2003) Quantitative correlation of solvent polarity with the  $\alpha$ -/3 $_{10}$ -helix equilibrium: a heptapeptide behaves as a solvent-driven molecular spring. *Angew. Chem., Int. Ed.* 42, 3388–3392.
- (39) von Gersdorff, K., Sanders, N. N., Vandenbroucke, R., De Smedt, S. C., Wagner, E., and Ogris, M. (2006) The internalization route resulting in successful gene expression depends on both cell line and polyethyleneimine polyplex type. *Mol. Ther.* 14, 745–753.
- (40) Khalil, I. A., Kogure, K., Akita, H., and Harashima, H. (2006) Uptake pathways and subsequent intracellular trafficking in nonviral gene delivery. *Pharmacol. Rev.* 58, 32–45.
- (41) Miyata, K., Oba, M., Nakanishi, M., Fukushima, S., Yamasaki, Y., Koyama, H., Nishiyama, N., and Kataoka, K. (2008) Polyplexes from poly(aspartamide) bearing 1,2-diaminoethane side chains induce pH-selective, endosomal membrane destabilization with amplified transfection and negligible cytotoxicity. *J. Am. Chem. Soc.* 130, 16287—16294.
- (42) Uchida, H., Miyata, K., Oba, M., Ishii, T., Suma, T., Itaka, K., Nishiyama, N., and Kataoka, K. (2011) Odd-even effect of repeating aminoethylene units in the side chain of N-substituted polyaspartamides on gene transfection profiles. *J. Am. Chem. Soc.* 133, 15524–15532.
- (43) Thiele, L., Rothen–Rutishauser, B., Jilek, S., Wunderli–Allenspach, H., Merkle, H. P., and Walter, E. (2001) Evaluation of particle uptake in human blood monocyte-derived cell in vitro. Does phagocytosis activity of dendric cells measure up with macrophages? *J. Controlled Release* 76, 59–71.
- (44) De Bruin, K., Ruthardt, N., von Gersdorff, K., Bausinger, R., Wagner, E., Ogris, M., and Brauchle, C. (2007) Cellular dynamics of EGF receptor-targeted synthetic viruses. *Mol. Ther.* 15, 1297–1305.
- (45) Frankel, A. D., and Pabo, C. O. (1988) Cellular uptake of the Tat protein from human immunodeficiency virus. *Cell* 55, 1189–1193.
- (46) Geisler, I., and Chmielewski, J. (2009) Cationic amphiphilic polyproline helices: side-chain variations and cell-specific internalization. *Chem. Biol. Drug Des.* 73, 39–45.
- (47) Wada, S., Tsuda, H., Okada, T., and Urata, H. (2011) Cellular uptake of Aib-containing amphipathic helix peptide. *Bioorg. Med. Chem. Lett.* 21, 5688–5691.
- (48) Zikou, S., Koukkou, A., Mastora, P., Sakarellos-Daitsiotis, M., Sakarellos, C., Drainas, C., and Panou-Pomonis, E. (2007) Design and synthesis of cationic Aib-containing antimicrobial peptides: conformational and biological studies. *J. Pept. Sci.* 13, 481–486.
- (49) Nachman, R. J., Isaac, R. E., Coast, G. M., and Holman, G. M. (1997) Aib-containing analogues of the insect kinin neuropeptide family demonstrate resistance to an insect angiotensin-converting enzyme and protein diuretic activity. *Peptides* 18, 53–57.

(50) Yamaguchi, H., Kodama, H., Osada, S., Kato, F., Jelokhani–Niaraki, M., and Kondo, M. (2003) Effect of  $\alpha$ , $\alpha$ -dialkyl amino acids on the protease resistance of peptides. *Biosci. Biotechnol. Biochem.* 67, 2269–2272.

(51) Oba, M., and Tanaka, M. (2012) Intracellular mechanism of protein transfection reagents. *Biol. Pharm. Bull.* 35, 1064–1068.